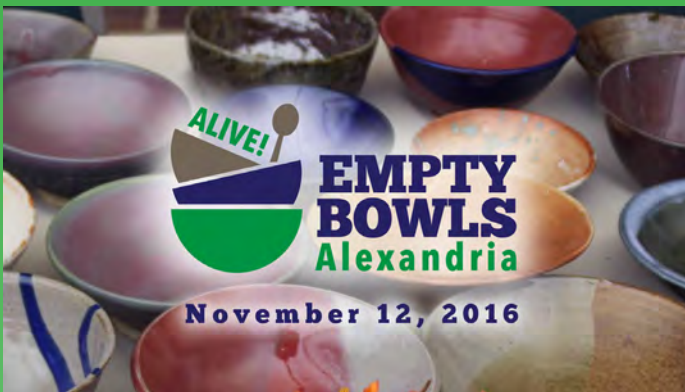


# ALIVE! Wire

FALL 2016



## Empty Bowls Provides Support for Food

Last year, Alexandria rallied to support our neighbors at ALIVE!'s inaugural Empty Bowls Alexandria event, raising \$37,000 to feed people in need and building awareness about hunger right here at home. This year, the need is greater and the goal is higher: we need your to help us reach our \$50,000 goal to feed even more people who turn to us for help. Please join us for Empty Bowls Alexandria on November 12, 2016 at the Durant Arts Center in the Upper King Street neighborhood of Old Town Alexandria. This is your opportunity to have a great time doing good.



## Your Donations to ALIVE! have Major Impact in FY2016

ALIVE! donors and volunteers showed their commitment to more than 13,500 people living in poverty in the City of Alexandria last fiscal year. Knowing that even those living above the poverty line are struggling to make ends meet, the ALIVE! community once again united to form the largest private safety net in the City, helping people facing emergency situations or long-term needs become capable of assuming self-reliant roles in the community. Your generosity means that ALIVE! can offer emergency assistance through its Family Emergency, Last Saturday Food Distribution, and Furniture and Housewares programs; and that ALIVE! House and the ALIVE! Child Development Center can help our neighbors break the cycle of poverty and become self-sufficient. Thank you!

- For families who are struggling to make ends meet, even a small change in fortune can lead to a crisis, even homelessness. In fiscal year 2016, ALIVE! provided \$328,000 in emergency financial assistance for help with rent, utilities, medical expenses, and other urgent needs.
- ALIVE! is by far the largest food provider for people in need in the City of Alexandria. In fiscal year 2016, a five-day supply of groceries was distributed to more than 2,000 people a month; and 700 emergency food deliveries were made.
- In fiscal year 2016, ALIVE! gave \$109,000 in donated furniture to 295 families, and \$7,500 in donated housewares to 1,500 of households.
- Families living at ALIVE! House participate in programs that prepare them for self-sufficiency and independent living. In fiscal year 2016, ALIVE! House was home to nine women and twenty-one children.
- The ALIVE! Child Development Center is the only accredited, full-day, year-round preschool in the City that offers a sliding-scale fee for tuition so that low-income families can afford quality early childhood education. In fiscal year 2016, ALIVE! provided preschool education and other services for 51 children and their families.

## Message from the President and Executive Director

*Patrick Anderson and Diane Charles*

Welcome to a new ALIVE! *administration!* For the next two years, Patrick Anderson will serve as President and Joan Moser will serve as Vice President of the ALIVE! Board of Directors. They join the continuing service of Rick Glassco as Treasurer and Eric Winakur as Secretary. They are at the helm of a ship that includes many more who serve ALIVE! in leadership capacities, enabling critical services to get out to those in need in our community.

During this new *administration*, Patrick and Diane will author this shared column in the quarterly ALIVE! Wire. Join us as we use this space to convey our thoughts and perspectives on the work of ALIVE!

We are so looking forward to the 2nd Annual Empty Bowls Alexandria event scheduled for November 12, 2016 at the Durant Arts Center. We are seeking sponsors so needed funds can be raised for ALIVE!'s Food Programs. At the inaugural event last year, we were thrilled by the community, congregation and business support that came together to make it such a success.

Question: Why would ALIVE! host such an event? Answer: One in five people in Alexandria—especially children—are struggling to get enough to eat. In fact, many in our community are living very close to the edge. Thankfully, many people want to know what they can do to help. Empty Bowls is an international grassroots program encouraging local artists and organizations to work together to raise hunger awareness and help feed those who are hungry in their own communities. Empty Bowls Alexandria attendees will enjoy a simple, delicious meal together and receive a one-of-a-kind bowl handmade by the Northern Virginia Community College Alexandria Fine Arts Department or the Alexandria Clay Coop Studio. Most important, your sponsorship, attendance or donation will provide valuable funding for ALIVE!'s programs of distributing and delivering food and providing financial assistance for rent and utilities.

ALIVE! is blessed to have hard working volunteers who carry out these important programs for our neighbors in need. Raising these vital funds will ensure that these volunteers and essential programs continue to serve Alexandrians in need.

Please see the details elsewhere in this edition of the ALIVE! Wire about Empty Bowls Alexandria and how you can register to attend, serve as a sponsor or make a donation. If you want to volunteer to help with the event, please email Joan Moser, Chair of the Empty Bowls Committee at [joanmoser1947@gmail.com](mailto:joanmoser1947@gmail.com).

We hope to see you there on November 12th!



## Meet ALIVE!'s new Volunteer Coordinator – Pat Pasqual

Know someone who wants to volunteer with ALIVE!?! Steer them to Pat Pasqual! ([volunteers@alive-inc.org](mailto:volunteers@alive-inc.org)). Recently retired, Pat's career included leadership roles in nonprofit organizations and in special and public libraries in Ohio and Washington, D.C. She earned her undergraduate degree at Hunter College in New York and her Master's Degree in Library Science from the University of Michigan and was awarded a Graduate Certificate in Public Administration from George Washington University.

***“Volunteers are the key to providing a safety net for people in need.” Pat Pasqual***

Pat spent the last 13 years of her 'working' career at the Foundation Center's Washington office where she served as Administrator. Fortunately for ALIVE!, she is sharing her experience with nonprofits in various ways. She ushers at two theaters, reads to children for a literacy project and helps with special events around Alexandria. She has jumped in feet first with ALIVE!'s Food Program and is meeting with all of the ALIVE! programs to better understand their volunteer needs. Pat has seen a variety of volunteer models and hopes to share *best practices* with ALIVE! as the Volunteer Coordinator. It seems like the start of a new career!



**Welcome Pat!**

## ALIVE! Donors and Volunteers Find New Ways to Feed Alexandria's Hungry



*Vice Mayor Justin Wilson welcomed Kevin Bacon to Alexandria and joined in his support of the ALIVE! food drive at the Giant Grocery store in July.*

ALIVE!'s Food Program kicked off its new grocery store food donation initiative on July 23rd at the Giant Food at Potomac Yard. It was an unqualified success — with a special appearance by actor/singer Kevin Bacon, lending his support for ALIVE!'s work. Vice Mayor Justin Wilson and Council Member John Chapman were on hand to greet shoppers and show their support. Thanks to dedicated volunteers, including some members of the T.C. Williams crew team, the Giant donation drive netted 616 pounds of food, \$120 in cash donations, and a \$1,000 check from the Kevin Bacon Six Degrees Foundation. All will greatly benefit ALIVE!'s ability to get food to those who need it.

After refining plans, acquiring signage and flyers, and recruiting volunteers, the new grocery store food donation initiative will be gaining momentum during the month of October. The Episcopal High School will collect groceries at the King Street Safeway on the first Saturday of each month; Alexandria Country Day School will collect groceries on the second Saturday of each month at the Potomac Yard Giant; and Port City Brewing Company will do the same on the third Saturday of each month at the Duke Street Giant. ALIVE! is thrilled to have this wonderful support from schools and local businesses! This is just the beginning for this new food donation initiative which will enable ALIVE! to provide more food to families in need by supplying more food to fellow Alexandria food assistance partners and food pantries.

In another new partnership with a local business, Great Harvest Bread Company in Alexandria has started a regular donation of bread to ALIVE! Their first donation — 122 pounds!! — was an outstanding contribution, and they have promised weekly support to ALIVE!'s food assistance efforts.



*Many thanks to Great Harvest Bread of Alexandria for their generous donation to ALIVE!'s Food Program*

After a hiatus over the summer, the ALIVE! Food Program is once again running the Children's Weekend Care Bag Program, working with Alexandria schools to help provide weekend bags of food for children who are on free or reduced priced lunch during the school week. ALIVE!'s Food Program is working with Maury Elementary School, Mt. Vernon Elementary School, and Hammond Middle School to store their food, provide care bag assembly space, and provide additional kid-friendly food items to supplement the bags. It is expected that this new school year will see participation by additional schools, and possibly an increased number of children at participating schools.



*Eva Mulrooney and her cousin, Monica Pavarino (visiting from Italy), raised \$103 for the ALIVE! Child Development Center at Eva's fourth annual lemonade stand. Thanks to Eva for making this a yearly tradition!*

*Alexandria youth help collect food for ALIVE!'s programs*



## ALIVE! Formally Adopts Donor Privacy Policy

ALIVE! loves our donors, and we have ALWAYS respected your privacy. This year, we decided to make it official by adopting a donor privacy policy...our promise to you that your information is safe with us.

### ALIVE! Donor Privacy Policy

ALIVE! is grateful to our donors and respectful of their privacy. Any personal information provided by a donor (including donor personal data, contact information and/or financial information) is used for the sole purpose of carrying out the work of ALIVE!. ALIVE! does not sell donor information and does not share it without the express permission of the donor, except as may be required by law.

If donors wish to opt out of receiving ALIVE! communications, they may contact the ALIVE! office by mail at 2723 King Street, Alexandria VA 22302 or via email at [info@alive-inc.org](mailto:info@alive-inc.org).

*Adopted May 2016*

## Birthday Fun for Children at ALIVE! House

ALIVE! House is excited to announce a new partnership with Extraordinary Birthdays, a non-profit organization based in Maryland, that plans and carries out birthday parties for children living in shelters. At ALIVE! House, in partnership with the mother of the child, Extraordinary Birthdays develops a theme for the party and provides food, cake, games and a gift for the child and their party guests. Extraordinary Birthdays staff and volunteers set-up, lead the games and birthday fun, as well as clean-up. This has been a great addition to ALIVE! House because it provides a forum to celebrate our kids!



*Raven relishes her birthday party thrown at ALIVE! House by Extraordinary Birthdays*



*Thanks to members of Fairlington Presbyterian Church and Fairlington United Methodist Church for donating diapers and wipes to ALIVE! House. If your congregation or company wants to conduct a drive for ALIVE! House or the Food Program, contact us at [info@alive-inc.org](mailto:info@alive-inc.org).*

### ALIVE! House Wish List

- Laundry detergent
- Bleach
- Soap
- Shampoo/Conditioner
- Cleaners - bathroom and kitchen



## Your Support of ALIVE! Means a Great Start for Alexandria Children

The ALIVE! Child Development Center (CDC) kicked-off the new school year on September 6th. The CDC is open 51 weeks out of the year; it is only during the one week prior to school start that the CDC is empty of students. During that one week, ALIVE!'s CDC teachers prepare their classrooms and their minds for a fresh start. It is a time for cleaning of the center, professional development for the teachers, classroom revitalization and lesson planning - to fully prepare for the children.

The start of the school year also began a new partnership between ALIVE! and the Child & Family Network Centers (CFNC), a fellow nonprofit preschool in Alexandria. ALIVE! is subleasing a vacant classroom to CFNC where they are serving 12 children. ALIVE! and CFNC have collaborated together over the years through the city-funded Family Support Project, which brings together three preschools that serve low income children in the classroom and their families through support and linkages to resources.

In June, eleven ALIVE! Child Development Center students "graduated" to kindergarten in the fall prepared with early literacy, math, and social skills that they need to succeed in school. The generosity of ALIVE!'s donors places them on a path that can begin to lead them out of poverty, and into a future of learning and success. The preparation of the path for another class of students is underway!



## ALIVE! Changes Lives with Your Donated Furniture



ALIVE!'s Furniture Program has a focused mission – delivering donated furniture to those who need it. It is a program with a huge, immediate impact on those who receive the furniture, as well as those who deliver it. One Saturday in September, ALIVE! responded to an Alexandria neighbor who returned home from a hospital stay to find that her former roommates had taken all of the furniture. Left with no furniture, food or money, she turned to ALIVE! for help. ALIVE! was able to provide this neighbor with furniture, housewares and bags of food.

Another recent Saturday, ALIVE! was able to serve a family who lost everything due to a flooded apartment. Volunteers delivered beds and other critical items just in time

for school to begin. The children were grateful and helped the volunteers in getting things situated in the apartment. The family was able to resume some normalcy and the volunteers saw the difference their time and effort made for this Alexandria family. Volunteers make a difference every week through the ALIVE! Furniture Program. To volunteer, contact [volunteers@alive-inc.org](mailto:volunteers@alive-inc.org).



# W A N T E D

**Furniture Storage Space  
1,000-2,000 sq.ft**

Any ideas or tips, contact  
ALIVE! Executive Director  
Diane Charles - [diane.charles@alive-inc.org](mailto:diane.charles@alive-inc.org)  
or ALIVE! Furniture Chair  
Mike Mackey - [furniture@alive-inc.org](mailto:furniture@alive-inc.org)

*Then I heard the voice of the Lord, saying, "Whom shall I send, and who will go for Us?"*

*Then said I, "Here am I. Send me!"* Isaiah 6:8



ALIVE!'s 2nd Annual  
**Empty Bowls Alexandria**  
 November 12, 2016 @ 6:00 PM  
 Durant Arts Center  
 in Old Town Alexandria

**Last year, our community came together to donate \$37,000 to feed Alexandrians in need at the inaugural Empty Bowls Alexandria event. Join us this November to help even more neighbors put food on their tables!**

- 1. Buy your ticket!** Tickets start at \$30 per person.
- 2. Become a sponsor!** Sponsorships start at \$500.
- 3. Visit ALIVE's website:**  
Go to [www.alive-inc.org](http://www.alive-inc.org) for more information and to purchase tickets.
- 4. Follow ALIVE! on Facebook!**  
Watch for details and ticket sales at [fb.com/alive4alexandria](https://fb.com/alive4alexandria)



More than **13,500**  
 of Alexandria's residents live  
**IN POVERTY.**  
 As many as **1 in 5**  
 are struggling to put  
**food on the table.**  
**EMPTY BOWLS ALEXANDRIA**  
 is a **NEW** opportunity to  
**feed our neighbors.**

Proceeds from Empty Bowls Alexandria will benefit ALIVE!'s food programs, including:

- **Last Saturday Food Distribution**, which distributes groceries to more than 2,000 individuals per month at three sites around Alexandria on the last Saturday of each month, and
- **The Family Emergency Program**, which delivers groceries five days a week to more than 120 disabled, elderly, or homebound people each month.

**#EmptyBowlsAlexandria**



*Empty Bowls is an international grassroots program encouraging local artists and organizations to work together to raise hunger awareness and help feed those who are hungry in their own communities. Attendees will enjoy a simple, delicious meal together and receive a one-of-a-kind bowl handmade by students of Northern Virginia Community College Alexandria Fine Arts Department.*

ALIVE!, Inc. • 2723 King Street, Alexandria, VA 22302 • 703-837-9300 • [info@alive-inc.org](mailto:info@alive-inc.org)  
 @alive4alexVA • [www.alive-inc.org](http://www.alive-inc.org)

## Alexandrians Receiving Food from ALIVE!

Between June 1, 2016 and August 31, 2016

	Households	Individuals
<b>June</b>	<b>588</b>	<b>1959</b>
<b>July</b>	<b>607</b>	<b>2,050</b>
<b>August</b>	<b>542</b>	<b>1,932</b>



If you are an online shopper, don't forget to use Amazon Smile and designate ALIVE! when shopping on Amazon.

Your United Way and Combined Federal Campaign gifts make a difference. You can provide a safety net for people in Alexandria who are struggling to make ends meet by designating #8352 through the United Way or #44658 through the Combined Federal Campaign.



## FALL 2016 Calendar

### October

**29 Last Saturday Food Distribution:** Church of the Resurrection, Cora Kelly Recreation Center, and Ladrey Senior High Rise

**Food Collection:** Beth El Hebrew Congregation, Del Ray UMC, Fairlington Presbyterian Church, First Christian Church, Meade Memorial, St. James UMC, St. Mary Catholic Church

**Furniture Collection:** Christ Church, St. Joseph Catholic Church, Fairlington UMC, Saint Rita Catholic Church

### November

**1 ALIVE! Board Meeting,** November 1, TBD

**12 Empty Bowls Alexandria Fundraiser,** Durant Recreation Center, 1605 Cameron St., Alexandria, VA 22314, 6:00 PM – 9:00 PM

**24 41st Annual Turkey Trot:** Thanksgiving Day morning, 9:00 AM, George Washington Middle School, 1005 Mt. Vernon Ave, Alexandria, VA 22301 \*Non perishable food items accepted

**Food Collection:** Blessed Sacrament, Christ Church, Church of the Resurrection, Good Shepherd Lutheran Church, Grace Episcopal Church, Trinity UMC, St. Paul's Episcopal Church, Westminster Presbyterian Church

**Furniture Collection:** St. Clement, Church of Jesus Christ of Latter-day-Saints, St. Mary Catholic Church

### December

**6 ALIVE! Board Meeting,** 7:00 PM, Beverley Hills Community Methodist Church, 3512 Old Dominion Blvd., Alexandria 22305

**10 Last Saturday Food Distribution:** Church of the Resurrection, Cora Kelly Recreation Center, and Ladrey Senior High Rise

**Food Collection:** All donations are gratefully accepted.

**Furniture Collection:** Beth El Hebrew Congregation, St. Joseph Catholic Church, First Christian Church of Alexandria

ALIVE!  
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ALIVE! Wine



*ALIVE!, founded in 1969, is a non-profit organization devoted to helping Alexandrians facing emergency situations or long-term needs become capable of assuming self-reliant roles in the community. ALIVE! has grown from a handful of organizations and volunteers to a vigorous organization of 44 congregations and hundreds of volunteers.*

*ALIVE! offers Alexandrians in need help through its ALIVE! House Shelter, Furniture, Housewares, Emergency Food and Financial Assistance, Child Development Center, and Last Saturday Food Distribution Programs.*

Contact ALIVE! at  
(703)837-9300

E-mail: [info@alive-inc.org](mailto:info@alive-inc.org)  
[www.alive-inc.org](http://www.alive-inc.org)

Nonprofit Organization  
U.S. Postage Paid  
Alexandria, VA  
Permit Number 567



**Kevin Bacon joined ALIVE! volunteers at the July Food Drive at Giant at Potomac Yard. Over 600 pounds of food was collected for those in need in Alexandria.**

