



Do you need help with food?

- If you are a resident of the city of Alexandria, you can come to the **ALIVE! Last Saturday Food Distribution**.
- This program provides free canned foods, surplus fresh fruit, vegetables, and perishables for those in need in the City of Alexandria.

Food is for pick-up only.

Who qualifies for help?

- Households in the city of Alexandria whose earnings or monthly incomes qualify under the U.S. Department of Agriculture guidelines.
- All households receiving SNAP (Food Stamps), SSI, or Medicaid automatically qualify.

Where?

- West End Site: Church of the Resurrection, 2280 North Beauregard Street (Next to Goodwin House East), 9am - 11am
- East End Site: Cora Kelly Recreation Center, 25 West Reed Ave, 9am to 11am
- Old Town Site (22314 zip): Ladrey High Rise, 300 Wythe Street, 8:30am to 12noon

When?

- On the Last Saturday of every month January through October, and the second Saturday in December



How?

- Go to the site closest to you during the hours of operation
- Bring identification showing that you live in the City of Alexandria
- Be prepared to sign a USDA Form attesting that you are eligible based on your income, or already being qualified for Food Stamps, SSI, or Medicaid
- It is helpful to bring re-usable bags, or small carts to help carry your food to your car

2017 Distribution Dates:

Jan 28	Feb 25	Mar 25	Apr 29	May 27	Jun 24
Jul 29	Aug 26	Sep 30	Oct 28	-----	Dec 9

No Distribution in November

Sponsored by **ALIVE!** and the Capital Area Food Bank